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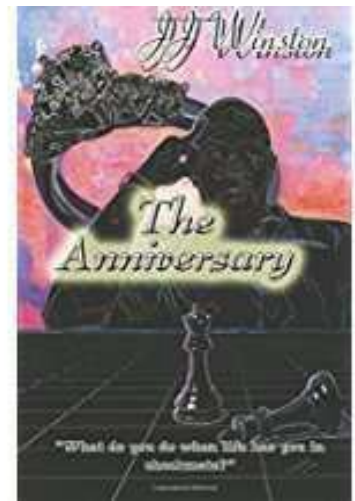


**AUTHOR JJ WINSTON DEBUTS NEW BOOK *THE ANNIVERSARY*
SHINES A LIGHT ON MENTAL HEALTH**

Cleveland, OH - May 20, 2017 - Uptown Joint Venture Media announced the debut of *The Anniversary* by author JJ Winston, a writer and mental health advocate for over 20 years. Just in time for Mental Health Awareness Month, *The Anniversary* is a novel which tells the tales of true to life stories of those who are dealing with schizophrenia, bipolar and other mental disorders. The book is available digitally online, Kindle eBook, and print-on-demand at Amazon.com.

In *The Anniversary*, you will meet Grandville and Juliette Stubbs, an African American couple who reside in Cleveland, Ohio. The couple has a very happy marriage until Grandville learns disturbing news which awakens his underlying mental health disease that culminates into a tragic event.

The Anniversary is one of a few novels which openly brings life to problems in understanding mental health issues. It will assist family and friends of those who they believe need help in managing their life problems and struggles before reaching a tipping point. "Many people do not want anyone to know they are having mental issues, so they try to hide their challenges to deal with it on their own. However, they can't because the problem can be much bigger than they can handle. It could be a chemical imbalance which cannot be controlled without help," says JJ Winston.



Approximately twenty-five percent of the general population, or 1 in 4 is suffering with a mental health and/or substance abuse disorder. Due to the stigma associated with these diseases, many individuals and their families are suffering alone for fear of being ostracized by their community.

JJ Winston has worked in the area of Behavioral Health for over 20 years and is now employed as a Family Court Magistrate Judge in Cleveland, Ohio. JJ Winston is licensed as an Independent Social Worker and Attorney in the State of Ohio.

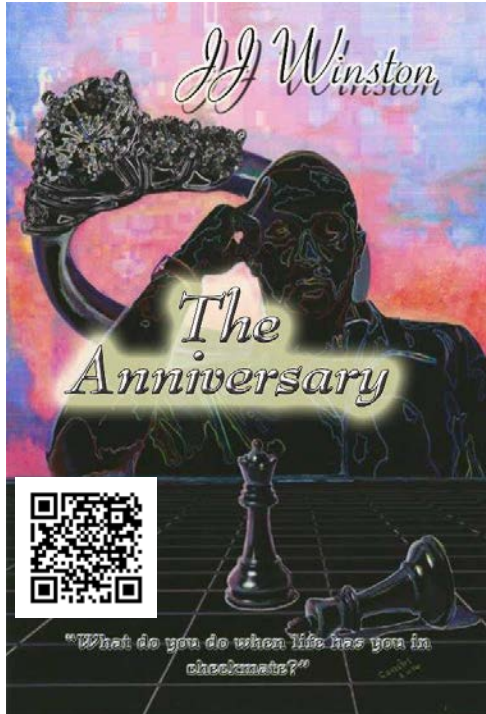


For more information on JJ Winston, *The Anniversary* and/or for book signings and speaking engagements contact: JJ Winston at Mobile: 216-374-6162 or emailJudyjw@ix.netcom.com

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Preview *The Anniversary* by Clicking the link: <http://tinyurl.com/theanniversarybyjjwinston>





The Anniversary

ISBN: 978-1681210407
Pages: 434
Publisher: Uptown Media Joint Ventures,
Black Pearls Publishing
Release Date: February 14, 2017

Summary

Approximately twenty-five percent of the general population, or 1 in 4 is suffering with a mental health and/or substance abuse disorder. Due to the stigma associated with these diseases, many individuals and their families are suffering alone for fear of being ostracized by their community.

What would you do if you learned that you are suffering with a mental health disease? Do you think your friends, employers, and associates would treat you differently if they were to learn about your illness? How would your family react to this news, would they support you or abandon you? How would you react to this news, would you accept it or would you be in denial? Mental health and substance abuse disorders are a part of many people's world and strikes society at an equal rate, across all socio-economic status, race and religions.

In *The Anniversary*, you'll meet Grandville and Juliette Stubbs, an African American couple who reside in Cleveland, Ohio. The couple has a very happy marriage until Grandville learns disturbing news which awakens his underlying mental health disease that culminates into a tragic event.

About The Author



JJ Winston has worked in the area of Behavioral Health for over 20 years and is now employed as a Family Court Magistrate Judge in Cleveland, Ohio. JJ Winston is licensed as an Independent Social Worker and Attorney in the state of Ohio.

An avid reader whose hobbies include fishing, watching movies, writing fiction stories and spending time with family and friends. *The Anniversary* is JJ Winston's first novel.

Preview *The Anniversary* by Clicking the link: <http://tinyurl.com/theanniversarybyjjwinston>

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JJ Winston's "The Anniversary" is a timely piece of work tying together the most important social issues of our day with powerful characters that touch our own vulnerability. Here, she examines how mental illness can influence the life of an entire family and how incest, family history and trauma can change history, of the individual, a family, and our community. This impressive family drama painfully draws us together to understand the meaning of secrets in family and a way through these locked doors of deceit to gain understanding. Through her poignant storylines, Winston enables us to recognize the consequences of mental illness and how the pain filled darkness within families are where light and redemption can be realized. There are practical lessons to be learned here, ones for each of us, especially those who live with someone affected by mental illness.

The community's voice on mental illness.